

Ann Arbor Spring Training Series (STS)

2011 is the 27th year of this early season criterium series for new riders to learn about and get experience racing, and for experienced riders to have fun and get back up to speed.

Event website:

<http://aasts.blogspot.com>

COACHING Every week before racing starts, on-the-bike coaching will be provided to assist new riders in learning the basic skills and techniques for pack racing.

FIRST TIME? All first-time bike racers in the C Race pay only the \$3 rider insurance surcharge for their first week of racing. Each race after the first is the normal fee for the C Race.

EVENTS, DATES, TIMES AND DISTANCES

	COACHING	C RACE (Category 4-5)	WOMEN'S RACE	B RACE (Category 3-4)	A RACE (Category 1-4)	JUNIORS
Mar. 27	8:15 A.M.	9:00 A.M. 15 min. + 3 laps	9:30 15 min. + 3 laps	10:00 25 min. + 3 laps	10:40 45 min. + 3 laps	11:40 various races *
April 3	8:15 A.M.	9:00 A.M. 20 min. + 3 laps	9:35 20 min. + 3 laps	10:10 30 min. + 3 laps	10:55 50 min. + 3 laps	12:00 P.M. various races *
April 10	8:15 A.M.	9:00 A.M. 25 min. + 3 laps	9:40 25 min. + 3 laps	10:20 35 min. + 3 laps	11:10 55 min. + 3 laps	12:20 P.M. various races *
April 17	8:15 A.M.	9:00 A.M. 25 min. + 3 laps	9:40 35 min. + 3 laps	10:30 45 min. + 3 laps	11:30 65 min. + 3 laps	12:45 P.M. various races *

* Juniors will do a couple races including a short time trial, mass start race, handicap race, or other formats.

FEES PER WEEK

	A & B RACES	WOMEN, C RACES	JUNIORS 10-16, FIRST- TIME C RACERS	2 ND RACE: (UP CATEGORY ONLY)
AAVC Members	\$15	\$10	\$3	\$5
Non-members	\$20	\$15	\$3	\$5

LOCATION Runway Plaza—Concourse Dr. and Runway Blvd., Ann Arbor, MI

COURSE 1 km football-shaped loop: two 90-degree corners and two sweeping curves

REGISTRATION Registration is available online and at the race. Online registration details are available on the event website. There is an additional service fee when registering online. There is no late fee for registration; race-day registrations are the same price.

PRIZES The top 3 overall riders for the entire series in the A Race will receive \$125, \$100, and \$80.

MORE INFO Visit <http://aasts.blogspot.com> for details on registration, maps, updates, results, and contact info, or call 734-635-1341.



USA Cycling permit #2011-467

